



Lend us a hand...

Would you like to help create
a place of hope, healing
and reassurance for mothers
and partners affected by pre or
postnatal depression and anxiety?



The Queen's Award
for Voluntary Service



**AIM
Qualification
& Assessment
Group
Endorsed
Training**

Lend us a hand Volunteer with Acacia

Acacia Family Support works to improve the lives of mothers and families affected by pre and postnatal depression and anxiety PND/A. Acacia is a warm, friendly, Christian faith-based organisation.

Acacia Family Support has provided excellent community-based services for mothers and families in Birmingham for the past 20+ years.

"Acacia restored my hope for life and future. I am forever grateful for the support I received."

Could you support our vital work?

At Acacia, we have many opportunities for you to become a volunteer. We provide **free training** to help you work with our service users.

"I love working with the team at Acacia, how they care for you and make you feel part of the family."

Roles include supporting with ...

- Creche
- Befriending in Centres and over the telephone
- Groupwork
- Hospitality
- Young Parents' Service
- Helping Hands at Home
- Administration
- Fundraising

Email
**volunteering@
acacia.org.uk**
or download an
application pack from
**acacia.org.uk/
volunteering**



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